

## **Clean Your House in 19 Minutes!**

Get speed cleaning down to a science. Simply incorporate this 19-minute method into your morning routine and you'll have a tidy house all day, every day. Best of all, it means you can put your feet up sooner rather than later. Here's a handy checklist you can use:

### **KITCHEN: 4 1/2 MINUTES**

Wipe down the sink after doing the dishes or loading the dishwasher (30 seconds).

Wipe down the stove top (one minute).

Wipe down the counters (one minute).

Sweep, Swiffer, or vacuum the floor (two minutes).

### **BATHROOM: 2 MINUTES**

Wipe out the sink (30 seconds).

Wipe the toilet seat and rim (15 seconds).

Swoosh the toilet bowl with a brush (15 seconds).

Wipe the mirror and faucet (15 seconds).

Squeegee the shower door (30 seconds).

Spray the entire shower and the curtain liner with shower mist after every use (15 seconds).

### **BEDROOM: 6 1/2 MINUTES**

Make the bed (two minutes).

Fold or hang clothing and put away jewelry (four minutes).

Straighten out the night-table surface (30 seconds).

### **LIVING ROOM: 6 MINUTES**

Pick up crumbs and dust bunnies with a handheld vacuum (one minute).

Fluff the cushions and fold throws after use (two minutes).

Wipe tabletops and spot-clean cabinets when you see fingerprints (one minute).

Straighten coffee-table books and magazines. Throw out newspapers. Put away CDs and videos (two minutes).